



2020
PLANNER



**“All results take time,
plan to keep winning
over an extended
period, not just to win
for a day or a week.”**

Michael Johnson

1 YEAR GOALS

How would you like your business to look in 12 months time?

1 YEAR GOALS

Purpose: Why is it important to you to achieve your one year goals? What will it do for you?

What is your vision for this area of your business? How will the final product look, sound, feel like? Describe this in detail.

1 YEAR GOALS

What resources will you need to achieve these goals? (Mentor, coach, product, service etc.)

QUARTERLY GOALS

QUARTER ONE GOALS

START DATE / /

QUARTER TWO GOALS

START DATE / /

QUARTER THREE GOALS

START DATE / /

QUARTER FOUR GOALS

START DATE / /

WEEKLY PLANNER

WEEK STARTING / /

1. What are your 3 goals this week?

2. Have you tried to achieve any of these goals previously?

3. If yes, how can you make the result different this time?

4. What will prevent you from achieving your goals this week?

WEEKLY PLANNER

5. How will you overcome these obstacles?

6. How long have you been trying to, or how long have you wanted to achieve these goals?

To ensure absolute accountability, call your mentor, coach, friend, or family member, and relay these goals and actions to them, and then ask them to follow up with you to encourage you to follow through.

END OF WEEK CHECK IN

WEEK STARTING / /

1. Did you achieve your goals and plans for this week? If so, why? If not, why not?

2. How could you improve your results or make your week even better?

3. What did you do well this week?

4. What improvements have you made?

END OF WEEK CHECK IN

5. What excuses, if any, did you find yourself using this week?

6. What did you learn, and how can you set more effective goals next week?

If you are not sure, or need any assistance with this process, or you need mentoring or coaching to maximise value of this process, call or email me.